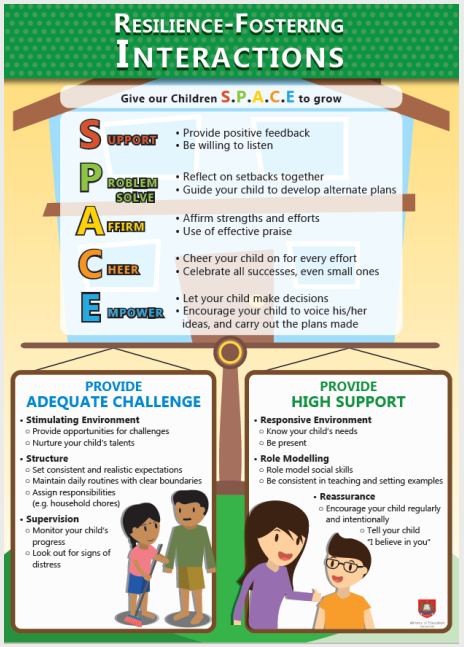
Nurture SG: 5 Habit Hacks

For overall well-being (physical and mental)

Resilience Booster

To develop their child's resilience